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Overcoming Math Anxiety: A Twelve Step Approach. Preliminary report.

So many students are in developmental math courses because they have been told that they have "math anxiety." Our culture has convinced many students that they can not succeed in math classes and that math is boring and useless. Utilizing work from so much known research and some personal experience we have come to these twelve steps to help these students overcome or at least deal better with their so-called math anxiety. (Received September 18, 2018)