

1116-C5-2377      **Shannon Schumann\*** ([shannon.schumann@gcu.edu](mailto:shannon.schumann@gcu.edu)), CHSS - Bldg 16, 3300 W Camelback Rd, Phoenix, AZ 85017. *Preservice Teachers' Attitudes toward Faith and Mindfulness as an Intervention for Math Anxiety*. Preliminary report.

The attitudes of preservice elementary mathematics teachers toward faith and mindfulness as possible intervention toward math anxiety are examined in this qualitative study. Students enrolled in an elementary education mathematics course at a faith-based University were trained in a mindful breathing exercise. Students participated in a short exercise combining mindful breathing and/or prayer followed by a brief writing exercise. Students also answered online discussion questions about their attitudes toward faith, teaching, math anxiety and their experiences with the exercise. Responses to all written work is being transcribed for salient themes. (Received September 22, 2015)